

CAPITAL OF THE NORTH

CHILDRENS TRAIL

NAME:

1

ANGLIAN

The York Helmet belonged to an Anglian warrior called Oshere, his name can be seen on the gold in the centre of the helmet.



Design a helmet with your name included!

2

How many trees did it take to make an Anglian house?



3

VIKING

The story of Sigurd the Dragon Slayer was a very popular Viking Saga.

Can you find the slab showing Sigurd?



THE SAGA STARTS...

Hreidmar had three sons; Otter, Fafnir and Regin. The god Loki killed Otter. Hreidmar wanted a ransom of gold from Loki, in revenge for Otter's death. Loki paid the ransom with cursed gold and Fafnir became enchanted by it.

Can you put the rest of the story in the correct order?

Regin wanted revenge for his fathers death and his surrogate son Sigurd vowed to kill the dragon Fafnir.

The dragons blood meant Sigurd could understand the birds singing, warning him that Regin would betray him.

Fafnir killed his father Hreidmar and, cast out the third brother Regin. He became a dragon to protect the gold.

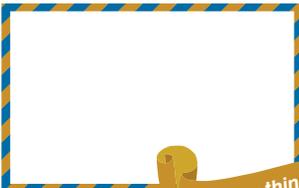
Sigurd made an unbreakable sword and killed the dragon Fafnir. Regin told Sigurd to roast the dragons heart.

Sigurd burnt his fingers and put them in his mouth to ease the pain, swallowing some of the dragon's blood.

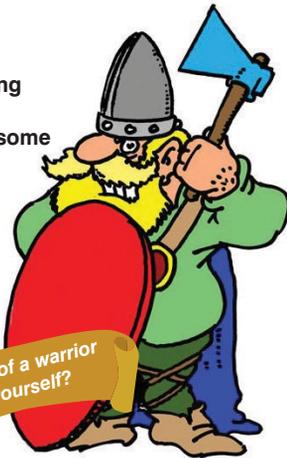
Sigurd killed the evil Regin and rode off with the gold!

4

Ivar the Boneless was the Viking leader who captured York. Many Viking warriors had fearsome names to scare their enemies.



Can you think of a warrior name for yourself?



5

NORMAN

Snarus was a Norman tax collector who used an official seal for documents.

Can you spot four differences between the two seals?





How many animals can you find hiding in the carved stone?



ANGEVIN

Look carefully at the St Mary's Abbey mortar. The inscription reveals it was made by Brother William of Towthorpe, but the year it was made is in roman numerals.



Can you work out what the year is?

FR.WILLA.DE.TOVTHORPE.ME.FECIT.A.D.M.CCCVIII

I=1 V=5 X=10 L=50 C=100 D=500 M=1000



HOUSE OF YORK

Supporters of Richard III wore a Boar Badge.

Can you find this one?

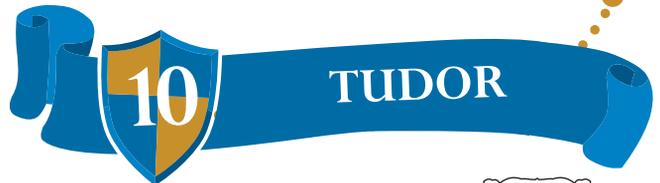


What would your emblem be? Draw it here



PEOPLE OF YORK

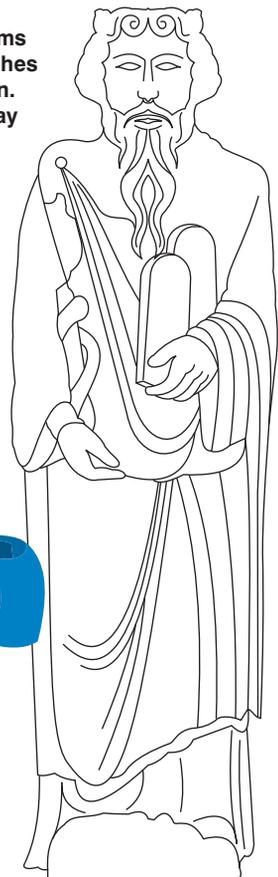
In the case of pottery can you see what may have been a MEDIEVAL SPRINKLER?



TUDOR

Henry VIII destroyed St Williams Shrine along with many churches in York during the Reformation. Kneel inside the shrine and say 'St William of York'.

Can you hear your echo?



YORK REDISCOVERED

Can you find these names in the wordsearch?

OSHERE
SIGURD
SNARUS
WILLIAM
RICHARD
HENRY
CATHERINE

B	A	Q	W	C	K	J	K	E	S	T
S	M	P	T	S	I	G	U	R	D	V
N	Q	R	Y	A	A	V	Z	F	A	I
A	B	G	S	R	A	N	D	G	T	H
R	C	A	T	H	E	R	I	N	E	E
U	U	Z	R	O	A	I	D	U	T	N
S	B	R	W	H	K	P	L	X	H	R
H	V	D	C	Y	G	V	K	S	R	Y
Q	W	I	L	L	I	A	M	B	U	Y
V	R	O	S	H	E	R	E	H	H	J
Z	F	N	U	N	V	Z	X	N	Z	C



The medieval Abbey was full of colour. This statue would have been painted in bright colours. Colour this in at home!

